To complete this lesson, please follow these steps:

1. Go to the lesson website: [http://ed.ted.com/on/eDGdfAh](http://ed.ted.com/on/eDGdfAh)

2. Register for TED Ed using your real name:

   Fill in the information on the right side of the screen (don’t sign up with Facebook).

   Be sure to use your real first and last names.

3. When you have created your account and logged in, go through each of the four parts of the lesson:

   - Watch the video (there are viewing tips on the next page)
   - Take the quiz
   - Explore more information (optional)
   - Participate in the discussion
Online Lesson Video Viewing Tips

To watch the video full screen, click on the four arrows in the lower right of the video:

When you’ve finished watching, click on the arrows again to exit full screen and return to the lesson:

To turn captions on or off, click on “CC” at the bottom of the video: